



The Lion Sleeps Tonight

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RECORD: RCA Gold Standard 447-0702; "The Lion Sleeps Tonight"; The Tokens

FOOTWORK: Opposite except where noted (*W movements in italics*)

RHYTHM: Mixed Rhythm (Foxtrot/Jive); Roundalab Phase IV+1 (Natural Hover Cross) SUGGESTED SPEED: 45 rpm

SEQUENCE: **Intro AB AB CD B A End**

Introduction

1-4 WAIT 2 MEAS;; APT, PT; P/U, TCH;
 1-2 Wait in (OP Fc/DLW);
 bk L, -, pt R twd partner, -; tog R trng LF to fc DLC assuming Bjo/DLC, -, tch L to R, - (*W fwd L trng LF assuming Bjo/DLC, -, tch R to L*);

5-8 ¾ DIAMOND TRN;;; BK ½ BOX;
 5-6 fwd L to fc COH, -, sd R, bk L to fc DRC; bk R to fc RLOD, -, sd L, fwd R to fc DRW;
 7-8 fwd L to fc Wall, -, sd R, bk L to fc DLW; bk R to fc Wall, -, sd L, cl R (end in CP/Wall);

Part A

(Jive)

1-4 SD, TCH, CHASSE; WINDMILL (TWICE);;;
 1-2 sd L, tch R, sd R/cl L, sd R; rk bk L, rec R, fwd L/cl R, fwd L trng ¼ LF;
 sd R/cl L, sd R trng ¼ LF (fc COH), rk bk L, rec R; fwd L trng ¼ LF, sd R/cl L; sd R/cl L, sd R trng ¼ LF (blend to SCP/LOD);

5-8 RT TRNG FALLAWAY (TWICE);;; RK, REC, WK, P/U;
 rk bk L, rec R, sd L trng ¼ RF/cl R, sd L; sd R trng ¼ RF/cl L, sd R (in SCP/RLOD), rk bk L, rec R;
 5-6 sd L trng ¼ RF/cl R, sd L, sd R trng ¼ RF/cl L, sd R; rk bk L, rec R, fwd L, fwd R, cl R to L trng LF to fc DLC assuming Bjo/DLC (*W fwd L trng LF assuming Bjo/DLC*);

Part B

(Foxtrot)

1-4 OP TELEMAR; NAT HOVER CROSS;; 3-STEP;
 fwd L, -, fwd R trng LF, fwd L to SCP/DLW; fwd R trng RF, -, fwd L trng RF, sd R (end in Scar/DLC);
 1-2
 3-4 rk fwd L, rec R; sd L, fwd R (end in Bjo/DLC); fwd L (blending to CP/LOD), -, fwd R, fwd L;

5-8 OP NATURAL; OP IMPETUS; SEMI-CHASSE; THRU, FC CL;
 5-6 fwd R trng RF, -, sd L, bk R; bk L trng RF, -, cl R trng RF, fwd L;
 7-8 fwd R, -, sd L/cl R, sd L; XRif; - sd L, cl R;

Part C

(Jive)

1-4 SD, TCH, CHASSE; SPANISH ARMS (TWICE);;;
 sd L, tch R, sd R/cl L, sd R; rk bk L, rec R trng RF, sd L/cl R, sd L trng RF (*W rk bk R, rec L trng ¼ LF, sd R/cl L, sd R trng ¾ RF*);
 1-2
 sd R/cl L, sd R, rk bk L, rec R trng RF; sd L/cl R, sd L trng RF (*W rk bk R, rec L trng ¼ LF, sd R/cl L, sd R trng ¾ RF*), sd R/cl L, sd R (blend to SCP/LOD);
 3-4

5-8 CHG PLACES R TO L – CHG HND'S BEHIND BK;;; KICK BALL CHG (TWICE);
 rk bk L, rec R, sd L/cl R, sd L trng ¼ LF to fc LOD (*W rk bk R, rec L, sd R/cl L, fwd R trng ¾ RF under joined lead hands*); sd R/cl L, sd R, rk apt L, rec R;
 1-2
 fwd L/cl R, fwd L trng LF chg W's R hnd to M's R hnd behind bk (*W fwd R/fwd L, fwd R trng ¼ RF to fc M's bk*), bk R/cl L, bk R trng LF (*W sd L/cl R, sd L trng ¼ RF*); kick L/ball L, cl R, kick L/ball L, cl R;
 3-4

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Part D	(Jive)
1-2	CHICKEN WKS (2 SLOW, 4 QUICK);; 1-2 in op fc RLOD bk L, -, bk R, -; bk L, bk R, bk L, bk R;
3-5	CHG PLACES L TO R (TWICE);; rk bk L, rec R, sd L/cl R, sd L trng $\frac{1}{4}$ RF to fc COH (<i>W rk bk R, rec L, sd R/ cl L, fwd R trng $\frac{3}{4}$ LF under joined lead hands</i>); sd R/cl L, sd R, rk apt L, rec R; sd L/cl R, sd L trng $\frac{1}{4}$ RF to fc LOD (<i>W rk bk R, rec L, sd R/ cl L, fwd R trng $\frac{3}{4}$ LF under joined lead hands</i>); sd R/cl L, sd R;
6-8	CHICKEN WKS (2 SLOW, 4 QUICK);; RK, REC, TOG, CL; 6-7 Repeat Part D, measures 1-2;; 8 rk bk L, rec R, wk tog L, cl R;
End	(Foxtrot)
1-4	DIAMOND TRN;;; 1-2 repeat Intro, measures 5-6 3-4 repeat Intro, measure 7; bk R to fc LOD, -, sd L, fwd R to Bjo/DLC;
5-8	OP TELEMARK; NATURAL TRN $\frac{1}{2}$; SPIN TRN; BOX FINISH (& HOLD); 1-2 repeat Part B, measure 1; fwd L comm. RF trn, sd L, cl R; 3-4 bk pvt L, - fwd rise R, sd & bk L; bk R trng LF, -, sd L, cl R (& hold);